

PURPOSE

HANDOUT VIRTUE AND VICE

Virtues are traits or qualities that are morally good and are, therefore, valued as the foundation of a good life. With each virtue, determine if you are deficient, have excellence, or are in excess, and mark this on the handout. As you go through the list, choose at least three virtues you live well. Circle these. Then choose three virtues you struggle to live well. Draw a star next to these.

Deficient	Excellence of Virtue	Excess
Cowardly	Courage	Bravado, Rashness
Does not enjoy or take pleasure in the created things of life	Temperance: Has moderation or self-restraint when enjoying things	Gluttonous, overindulgent
Stingy: Reluctant to share what one has	Generosity	Wasteful
Dark, vulgar	Disposition of Joy: Has an authentically radiant and joyful way of living	Has an overly positive and shallow attitude
Downplays or diminishes oneself and one's accomplishments	Proper pride in oneself	Vain, arrogant
Indolent: Lazy, avoids working hard	Proper ambition	Overambitious, overworking
Fearful	Patience	Impulsive
Dishonest, deceitful	Truthfulness	Over shares, tactless
Boorish	Wittiness	Facetious
Reluctant to share oneself or connect with others	Friendship: Being a true friend to someone	Desperate to be liked, tries to reach deep friendship with every person
Fickle: Changes frequently, especially in regard to one's loyalties, interests, or affection	Loyalty	Gullible: Easily taken advantage of
Intolerant	Tolerance: Appropriately accepts others and their differences	Taken advantage of
Permissive: Grants permission for people to do anything	Justice: Knows, does, and advocates for what is right	Legalistic: Adheres excessively to law or formula