

LIFE TEEN CAMPS COVID-19 RESPONSE

LIFE TEEN CAMPS HEALTH AND SAFETY

Life Teen is committed to keeping the health and safety of our campers and staff as our top priority. In response to COVID-19, our Life Teen camp staffs have intensified our protocol for sanitation at our properties. We continue to monitor the situation and seek guidance from the CDC as well as the American Camping Association. In response, we have identified several commitments for the health and safety of every camper and staff member.

PARTNERING WITH PARENTS PRIOR TO, DURING, AND AFTER CAMP

We know you want the best for your teens, and we want them to experience a great week of camp. Keeping our camps healthy is a team effort and a key to a great week of camp. We will partner with youth ministers and parents to accomplish the following.

Prior to Arrival

- All campers and staff will be required to be tested for COVID-19 prior to the beginning of the camp week or session. Campers and staff will not be permitted to begin camp unless they receive a negative test result for COVID-19 within seven days of their arrival to camp.
- Both parents and youth ministers will complete and sign a provided form verifying each camper has tested negative for COVID-19 and is free of illness including, but not limited to: fever, vomiting, diarrhea, cough, and congestion for at least 72 hours.
- Confirm that no household or family members of camper have displayed any of the following symptoms in the past two weeks: fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.

Upon Arrival

- Each camper has his/her temperature taken with an infrared thermometer. If a camper is found to have an elevated temperature, medical personnel guide them to our Infirmary for further evaluation. The rest of the group will also be evaluated further before joining in camp activities.

During Camp

- Every camper and staff are trained to keep their hands clean, and hand washing stations are located at the beginning of every food serving line as well as other central locations.
- Hand sanitizing stations are available at entrances to every meeting space, chapel, and other strategically placed locations throughout camp.
- Campers and Staff will have temperatures taken daily.
- Campers are taught to sneeze/cough into his/her sleeve.
- Campers are instructed to not share personal items like water bottles or cups.
- Youth ministers and campers are instructed to communicate any signs of illness to medical personnel.
- All campers and staff must remain on premises at all times, except in the case of an emergency. Any camper or staff that leaves the premises for any reason will be required to receive an additional negative test result for COVID-19 prior to re-entry, except in the case of an emergency.
- Group size at camp will be limited to no more than 20 people. A larger group will be split to accommodate this guideline. Small groups (of 20 or less) will share sleeping cabins, dining area, and all camp activities. Social distancing will be between small groups during mass, sessions, activities, and dining.

- Any camp personnel that do not stay overnight on camp property will be required to wear a face covering and practice social distancing.
- If an illness occurs at camp, the following will occur:
 - Parents of ill camper and parents of all bunkmates will be notified if illness is contagious.
 - Ill camper will be moved to a separate cabin to be cared for while fellow campers are monitored and the cabin is sanitized. If necessary, campers will be sent home.

After Camp

- Youth minister or parent will communicate any illness occurring within two weeks of camper returning home with Life Teens Camp Director.
- Camp Director will communicate with fellow youth ministers from that week of camp if necessary.

KEEPING IT CLEAN

Professional Grade Disinfectant

Life Teen Camps uses a multi-surface commercial grade peroxide disinfectant in accordance with CDC sterilization guidelines for COVID-19 as well as other viruses and bacteria.

Dorms and Cabins

- Campers and chaperones provide all their own bedding and towels in dorms and cabins.
- Before guests arrive, camp staffs use an electrostatic sprayer to sanitize each room and surface listed below as part of our routine procedures:
 - Door knobs and push bars
 - Mattresses and bed rails
 - Light switches
 - Sink faucets
 - Shower faucets
 - Toilet handles
 - HVAC controls
 - Handrails
 - Any other common touch points
- Cleaning stations in each dorm/cabin are stocked and guests can sanitize their rooms daily during their stay.
- Throughout a guest's stay, camp staffs sanitize all common spaces and public touch points in cabins and dorms, daily.
- At the end of each group's stay, camp staffs deep clean each space used by guests to remove all dirt and grime. The space is then sanitized to ensure a welcoming safe environment.

Adult Guest Housing

All above listed procedures will be followed as well as the below additions.

- In guest housing, where we provide linens and towels, all linens are sanitized between guests by laundering them.
- In addition, we have:
 - Removed decorative pillows and blankets from beds.
 - Made extra blankets available that will be laundered if used.
 - Supplemented all non-laundryable comforters with washable duvet covers.
 - Installed breathable and sanitizable covers on every pillow and mattress.

Meeting Spaces

- Before guests arrive, camp staffs use an electrostatic sprayer to disinfect the entire meeting room ensuring every surface and touch point is sterile.
- Each day camp staff sanitizes:
 - Door knobs and push bars
 - Sink faucets
 - Toilet handles
 - Handrails
 - Light switches
 - Any other common touch points
- State and Federal Guidelines for Social Distancing are followed
- At the end of each group's stay, camp staff clean each space used by guests to ensure a clean and welcoming environment.

Dining Hall / Eating Areas

Our dining halls follow ServSafe practices in all food prep and serving lines. In addition, the following practices are in use:

- Provide guests with disposable plates, bowls, napkins, plasticware, coffee cups, and cups during meal times.
- Ensure that gloves will be worn during all food service operations and changed between tasks.
- Ensure that masks will be worn during all food service operations.
- All serving and cooking utensils are cleaned and sanitized with proper chemicals in dish sanitizers.
- Every person having a part in any food service operation is without symptoms of any illness before entering or working in the food service area.
- Every person having a part in any food service operation will have temperature taken before beginning work each day.
- Every guest is required to use the available hand washing stations installed before entering the dining hall serving lines to eat.

- Reminders and instructions for proper hand washing techniques are posted in every restroom.
- Serving lines are sanitized before and after every meal is served.
- Salad and yogurt bar will not be offered, during this time, as “self serve”. Instead our staffs serve all meal options.
- In addition to regular ServSafe sanitation practices, sanitization will occur on all touch points at water bottle refill stations, door handles, and any other common touch points after each meal. Water fountains will be turned off.
- Any additional State mandates will be followed.

Ropes Course / Lake Area / Sports Materials

- With each use we are sanitizing/disinfecting:
 - Helmets
 - Harnesses
 - Paddles
 - Life Jackets
- At the end of the day we are sanitizing/disinfecting:
 - Ropes Elements
 - Hardware and Equipment
 - Boats

SAFETY

Safety is a top priority at Life Teen camps. The well being of all of our guests and staff is paramount. By planning ahead, we are able to respond to a variety of situations that could arise in a manner that brings peace and reassurance. We desire that everyone on property feels safe so that they are more disposed to enjoy their visit and receive all that the Lord has in store for them.

Medical Personnel

**This section only applies during Life Teen hosted weeks of Summer Camp

We are dedicated to having medical personnel, either an EMT or Registered Nurse, present and available each week of summer camp to ensure guests’ care and wellbeing.

- If any injury or need is beyond their training or requires specialized equipment (i.e. an X-Ray) we will communicate with parents about continuing care at an off-site medical center.
- In case of an emergency, if a parent is not immediately available by phone, camp staff along with the group leader will ensure necessary care and continue to attempt to reach parents.
- At the beginning of each week, the Camp Director and staff train the medical personnel on camp specific protocols and procedures.
- At all times, the medical personnel have secure access to medical information provided on each current guest’s paperwork.
- Life Teen Camp First Aid Stations are fully equipped with all necessary first aid supplies and trauma kits.
- The medical personnel are equipped with a travel kit for field care. This includes first aid supplies, AED, and bleed control kits.
- Each camp has designated a space to quarantine any potentially ill guests so that they are comfortable and cared for and to protect the health of all other guests.

First Aid / Emergency Action Plans

- All full-time staff members and missionaries are annually trained in CPR and First Aid with special emphasis on outdoor first aid situations.
- AEDs are located outside each camp office which is a centrally located
- Life Teen Camps are equipped with thorough and regularly updated Emergency Action Plans highlighting required responses to emergencies.
- All full-time staff, missionary, and summer missionaries participate in Emergency Action Plan drills and training.
- All teens and adults are trained on emergency procedures during Monday night camp orientation.